

**BTC is proud to be offering Junior Programs from
January to April 2025**

Information is also posted on our website

Registration Open on December 10th @ 12am

(Midnight of December 9th) for returning students

and December 11th @ 9am for new students

**Minimum 4 registrants per session - Maximum 6 registrants per court
(Except Red Ball)**

Red Ball - Basic (6-8 years old)

Active FUNdamentals!!! Learn to move, throw and catch like an athlete. This program uses red balls and takes place on a mini tennis court. Basic technique and tactical concepts are incorporated. With an emphasis on the importance of listening skills and respect for the sport and for other players. Agility, balance and coordination skills are consistently integrated, while also adding anticipation and swinging rhythm. We use red-dot balls for this program. No previous experience is needed.

Session 2.1

When: Every Sunday, January 12th - April 27th

Time: 9:00 - 9:55 am

Space Available: 18

Cost: \$432/session (16 classes - 16 hours total)

Red Ball - Transitional (6-8 years old)

This program serves as the transitional program between Red Basic and Red Fundamental

Session 2.1

When: Every Saturday, January 11th - April 26th

Time: 3:00 - 3:55 pm

Space Available: 12

Cost: \$432/session (16 classes - 16 hours total)

Red Ball - Fundamental (6 - 8 years old)

This is a program designed for children who already have some tennis experience and are looking to take their game to the next level. To participate in this program, the child needs to have passed the assessment or has the coach's approval.

Session 2.1

When: Every Saturday, January 11th - April 26th

Time: 4:00 - 4:55 pm

Space Available: 6

Cost: \$432/session (16 classes - 16 hours total)

Session 2.2

When: Every Sunday, January 12th - April 27th

Time: 10:00 - 10:55 am

Space Available: 15

Cost: \$432/session (16 classes - 16 hours total)

Orange Ball - Basic (8 - 10 years old)

With an emphasis on fun, active participation and skill development, instruction will start with drills to improve technical and tactical skills and move toward implementation of these skills into point play. We use orange-dot balls for this program. No previous experience is needed.

Session 2.1

When: Every Thursday, January 9th - April 17th

Time: 4:00 - 4:55 pm

Space Available: 6

Cost: \$405/session (15 classes - 15 hours total)

Session 2.2

When: Every Sunday, January 12th - April 27th

Time: 11:00 - 11:55 am

Space Available: 6

Cost: \$432/session (16 classes - 16 hours total)

Orange Ball - Transitional (8 - 10 years old)

This program serves as the transitional program between Red Fundamental / Orange Basic and Orange Fundamental

Session 2.1

When: Every Saturday, January 11th - April 26th

Time: 11:00 - 11:55 am

Space Available: 4

Cost: \$432/session (16 classes - 16 hours total)

Orange Ball - Fundamental (8 - 10 years old)

This is a program designed for children who already have some tennis experience and are looking to take their game to the next level. To participate in this program, the child needs to have passed the assessment or has the coach's approval.

Session 2.1

When: Every Monday, January 6th - April 21st

Time: 4:00 - 4:55 pm

Space Available: 5

Cost: \$432/session (16 classes - 16 hours total)

Session 2.2

When: Every Monday, January 6th - April 21st

Time: 5:00 - 5:55 pm

Space Available: 5

Cost: \$432/session (16 classes - 16 hours total)

Session 2.3

When: Every Thursday, January 9th - April 17th

Time: 5:00 - 5:55 pm

Space Available: 6

Cost: \$405/session (15 classes - 15 hours total)

Session 2.4

When: Every Saturday, January 11th - April 19th

Time: 12:00 - 1:25 pm

Space Available: 6

Cost: \$648/session (16 classes - 24 hours total)

Session 2.5

When: Every Sunday, January 12th - 20th

Time: 3:00 - 3:55 pm

Space Available: 6

Cost: \$432/session (16 classes - 16 hours total)

Green Ball - Basic (10 - 12 years old)

These are short-term programs to try tennis using modified courts and balls to make tennis easier and fun. If they like it, players can then enroll in our fundamental program. No experience is needed.

Session 2.1

When: Every Saturday, January 11th - April 19th

Time: 8:00 - 8:55 am

Space Available: 6

Cost: \$432/session (16 classes - 16 hours total)

Green Ball - Fundamental (10 - 12 years old)

Tactical and technical instruction and match play. This program uses green balls and takes place on a 3/4 court. The child will learn to serve, rally and play a match on the 3/4 court with the green dot ball. To participate in this program, the child needs to have passed the assessment or has the coach's approval.

Session 2.1

When: Every Wednesday, January 8th - April 16th

Time: 4:00 - 5:25 pm

Space Available: 6

Cost: \$607.5/session (15 classes - 22.5 hours total)

Session 2.2

When: Every Thursday, January 9th - April 17th

Time: 7:00 - 8:25 pm

Space Available: 6

Cost: \$607.5/session (15 classes - 22.5 hours total)

Session 2.3

When: Every Saturday, January 4th - April 19th

Time: 9:00 - 9:55 am

Space Available: 6

Cost: \$432/session (16 classes - 16 hours total)

Session 2.4

When: Every Saturday, January 4th - April 19th

Time: 10:00 - 10:55 am

Space Available: 6

Cost: \$432/session (16 classes - 16 hours total)

Session 2.5

When: Every Sunday, January 5th - April 20th

Time: 8:00 - 8:55 am

Space Available: 4

Cost: \$432/session (16 classes - 16 hours total)

Youth Recreational - Fundamental (13-16 years old)

Our youth recreational intermediate program is designed to teach one to play and win tennis matches. We will learn fundamental skills in ground stroke, volley and serve to execute different tactics in tennis. This program is designed for teenagers who have some tennis experience. To participate in this program, the child needs to have passed the assessment or has the coach's approval.

Session 2.1

When: Every Wednesday, January 8th - April 16th

Time: 5:30 - 6:55 pm

Space Available: 6

Cost: \$607.5/session (15 classes - 22.5 hours total)

Session 2.2

When: Every Thursday, January 9th - April 17th

Time: 6:00 - 6:55 pm

Space Available: 6

Cost: \$405/session (15 classes - 15 hours total)

Session 2.3

When: Every Sunday, January 5th - April 20th

Time: 12:00 - 1:25 pm

Space Available: 6

Cost: \$648/session (16 classes - 24 hours total)

Junior Development Program (9 - 15 years old)

BURNABY TENNIS CLUB IS PLEASED TO OFFER A JUNIOR
DEVELOPMENT PROGRAM

FOR PLAYERS AGES 9 – 15.

WE USE 5 INDOOR COURTS WITH 1:6 COACH TO STUDENTS
RATIO. *ALL LEVELS ARE WELCOME!*

Fall / Winter 2022

SESSION DATES ON ALTERNATE SATURDAYS:

January 4th, 18th

February 1st, 15th

March 1st, 15th, 29th

April 12th, 19th

TIME: 3:00 – 4:55 PM

COST: \$495 + GST

(9 classes, 18 hours total)

FROM MORE INFORMATION OR TO REGISTER, PLEASE
CONTACT:

Jack Pei Xiao - CELL 778-885-7028

jackpxtennis@gmail.com

Adult Programs

Adult Tennis 1.0 F.A.S.T Clinic

Our Fun Adult Starter Tennis clinic introduces the basic fundamentals of play as well as rules and scoring, to get you to serve, rally and score. We use a new system of learning through progressions so tennis is easier and not as frustrating to learn. No Experience is needed for this program.

Coach to Student Ratio: 1 to 6

*Please note that a self-assessment is required for eligibility to register for any adult programs other than the 1.0 program. If you are registered in the program but are not quite up to the level, you may be deregistered.

Session 2.1

When: Every Saturday, January 4th - April 26th

Time: 1:30 - 2:55 pm

Space Available: 6

Cost: \$648/session (16 classes - 24 hours total)

Adult Tennis 1.5 Clinic

Our 1.5 clinics will teach one to start a point, maintain a consistent rally with improved fundamentals and techniques and scoring. In addition, we will introduce volley and serving skills. We will play with regular balls on the $\frac{3}{4}$ court and eventually move to the full court.

Coach to student Ratio: 6 to 1

*Please note that an assessment is required for eligibility to register for any adult programs other than the 1.0 program. If you accidentally registered in the program without an assessment, you may be deregistered.

Session 2.1

When: Every Sunday, January 5th - April 27th

Time: 1:30 - 2:55 pm

Space Available: 6

Cost: \$648/session (16 classes - 24 hours total)

Adult Tennis 2.0 Clinic

Our 2.0 clinics will teach one to initiate points with consistent serves & returns; improve consistency in a rally using both forehand & backhand sides with improved fundamentals and techniques. In addition, we will introduce consistent volley and serving skills.

Coach to Student Ratio: 6 to 1

*Please note that an assessment is required for eligibility to register for any adult programs other than the 1.0 program. If you accidentally registered in the program without an assessment, you may be deregistered.

Session 2.1

When: Every Friday, January 10th - April 18th

Time: 7:00 - 8:25 pm

Space Available: 6

Cost: \$607.5/session (16 classes - 24 hours total)

Session 1.1

When: Every Saturday, January 4th - April 19th

Time: 6:00 - 6:55 pm

Space Available: 4

Cost: \$432/session (16 classes - 16 hours total)

Adult Tennis 2.5 Clinic

Our 2.5 clinics will teach one to initiate points by directing the serve to the forehand or backhand side of an opponent; maintain a consistent rally with improved reception of wider, higher/deeper, and lower/shorter balls; when at net, receive volleys at different heights, and maintain a consistent exchange.

Session 2.1

When: Every Thursday, January 9th - April 17th

Time: 8:30 - 9:55 pm

Space Available: 6

Cost: \$607.5/session (15 classes - 22.5 hours total)

Session 2.2

When: Every Friday, January 10th - April 18th

Time: 8:30 - 9:55 pm

Space Available: 6

Cost: \$607.5/session (15 classes - 22.5 hours total)

Adult Tennis 3.0+ Clinics

Our 3.0 clinics will teach one to win singles and doubles points by using spin to control the arc of the ball; start points by serving to an opponent's weak side and return with a variety of placements (crosscourt, line, lob); maintain a crosscourt exchange by sending and receiving balls with topspin. At net, pressure opponents with direction and respond to lobs with an overhead. We will also introduce consistent slice skills.

Coach to student Ratio: 4 to 1

*Please note that an assessment is required for eligibility to register for any adult programs other than the 1.0 program. If you accidentally registered in the program without an assessment, you may be deregistered.

Session 2.1

When: Every Wednesday, January 8th - April 16th

Time: 8:00 - 8:55 pm

Space Available: 4

Cost: \$502.5/session(15 classes - 15 hours total)

Session 1.1

When: Every Saturday, January 4th - April 19th

Time: 7:00 - 7:55 pm

Space Available: 4

Cost: \$536/session(16 classes - 16 hours total)

Adult Tennis 3.0+ Drill Clinics

*Please note that an assessment is required for eligibility to register for any adult programs other than the 1.0 program. If you accidentally registered in the program without an assessment, you may be deregistered.

Session 2.1

When: Every Wednesday, January 8th - April 16th

Time: 9:00 - 9:55 pm

Space Available: 4

Cost: \$502.5/session(15 classes - 15 hours total)

Session 2.2

When: Every Wednesday, January 8th - April 16th

Time: 10:00 - 10:55 pm

Space Available: 4

Cost: \$502.5/session(15 classes - 15 hours total)

If you have any questions regarding these programs please contact our Program Coordinator, Jack Pei Xiao via text or email.

Email: jackpxtennis@gmail.com Cell: 778-885-7028

~~Youth Recreational - Basic (13-16 years old)~~

~~Our youth recreational program will help one to develop the fundamental skills in forehand and backhand groundstrokes. We will also learn the basics of volley, serve, and the rules of the game. This program is tailored to middle and high school students who have zero or little tennis experience.~~

Session 1.1

~~When: ——— Every Sunday, September 15th – December 22nd~~

~~Time: ——— 12:00 – 1:25 pm~~

~~Space Available: 6~~

~~Cost: ——— \$607.5/session (15 classes – 22.5 hours total)~~

~~Adult Tennis 3.5+ Clinics~~

~~Our 3.5+ clinics will teach one to win singles and doubles points in various ways. We will introduce more advanced techniques such as half volleys, on the rise groundstroke, kick serve, etc.~~

~~Coach to student Ratio: 4 to 1~~

~~*Please note that an assessment is required for eligibility to register for any adult programs other than the 1.0 program. If you accidentally registered in the program without an assessment, you may be deregistered.~~

Session 1.1

~~When: ——— Every Saturday, September 14th – December 21st~~

~~Time: ——— 8:30 – 9:55 pm~~

~~Space Available: 4~~

~~Cost: ——— \$753.75/session (15 classes – 22.5 hours total)~~

